



# The Phoenix Center Lunch Menu



## July 2024

STUDENT NAME \_\_\_\_\_ ROOM # \_\_\_\_\_

**Milk Choice:** In the menu below, please **CIRCLE** the milk choice for each day using the following key **OR ONE** milk choice for July.

1% - White Milk      L - Lactaid      S - Strawberry      C- Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
1 Hamburger WW Hamburger Bun Maple Baked Beans 100% Grape Juice Fruit Cup PC Ketchup Alt _____ 1% L S C	2 W.G Waffle Turkey Sausage Links Baked Home Fries 100% Grape Juice Fresh Orange Maple Syrup PC Alt _____ 1% L S C	3 W.G Chicken Nuggets Whole Wheat Bread Broccoli Fresh Apple 100% Fruit Punch PC Ketchup Alt _____ 1% L S C	4 <b>School Closed</b>	5 <b>School Closed</b>
8 Baked Chicken Sticks WW Mountain Roll Red Beans 100% Fruit Punch Fruit Cup PC Ketchup Alt _____ 1% L S C	9 Beef Meatballs w/ Marinara Whole Wheat Hero Roll Mashed Potatoes 100% Grape Juice Fresh Orange Alt _____ 1% L S C	10 Cheese Ravioli w/ Marinara Whole Wheat Bread Spinach Fresh Apple 100% Apple Juice Alt _____ 1% L S C	11 Turkey and American Cheese on a Whole Wheat Roll Large Bag Baby Carrots 100% Apple Juice Fresh Banana PC Mayo PC Mustard Alt _____ 1% L S C	12 Whole Wheat Pizza Green Beans Fruit Cup 100% Orange Juice Alt _____ 1% L S C
15 Crispy Chicken Breast Whole Wheat Bun Broccoli Fruit Cup 100% Grape Juice PC Ketchup Alt _____ 1% L S C	16 Grilled Cheese on WW Bread Whole Baby Carrots Granny Smith Green Apple 100% Fruit Punch Alt _____ 1% L S C	17 Stuffed Cheese Sticks Marinara Sauce Corn Fresh Orange 100% Fruit Punch Alt _____ 1% L S C	18 Lean Beef Nachos w/ Cheese Lean Beef Taco Meat Shredded Cheddar Bag Baked Tostitos Scoops Black Beans Graham Crackers 100% Orange Juice Fresh Banana Alt _____ 1% L S C	19 Whole Wheat Pizza Cauliflower Fruit Cup 100% Orange Juice Alt _____ 1% L S C
22 Baked Chicken Patty Whole Wheat Bun Baked French Fries Granny Smith Green Apple 100% Fruit Punch PC Ketchup Alt _____ 1% L S C	23 All Beef Hot Dog WW Bun Tater Tots Red Beans 100% Orange Juice Fresh Orange Alt _____ 1% L S C	24 WG Mini Corn Dog Nuggets Broccoli Fresh Banana 100% Grape Juice PC Mustard Alt _____ 1% L S C	25 Macaroni and Cheese Whole Wheat Bread Sliced Carrots 100% Apple Juice Fresh Banana Alt _____ 1% L S C	26 Whole Wheat Pizza Green Bean/Wax Bean Blend Apple Sauce Cup 100% Orange Juice Alt _____ 1% L S C
29 <b>School Closed</b>	30 <b>School Closed</b>	31 <b>School Closed</b>		

### School Lunch Information:

- o Student lunch and gluten free lunch options: grain, fruit, and milk. All breads and grains are whole grain rich.
- o If paying with a check, please write in **black or blue ink only**.
- o Daily **ALTERNATE MEAL** options: Penne Pasta with Meatballs or Grilled Chicken with a side of daily vegetables and whole wheat bread.
- o **Menu subject to change due to product availability**  
**TO CANCEL MEALS CALL: 973-542-0823 by 8:00 AM**  
**SEE BACK FOR MENU PRICING**