



# The Phoenix Center Breakfast Menu



## November 2024

STUDENT NAME \_\_\_\_\_ ROOM # \_\_\_\_\_

**Milk Choice:** In the menu below, please **CIRCLE** the milk choice for each day using the following key **OR ONE** milk choice for November.

1% - White Milk      L - Lactaid      S - Strawberry      C - Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C
4 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	5 Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	6 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	7 Whole Grain Bagel Cream Cheese Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	<b>School Closed</b>
11 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	12 Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	13 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	14 Whole Grain Bagel Cream Cheese Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	<b>School Closed</b>
18 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	19 Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	20 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	21 Whole Grain Bagel Cream Cheese Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	22 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C
25 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	26 Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	27 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	28 <b>School Closed</b>	29 <b>School Closed</b>

### School Breakfast Information:

- o Student breakfast and gluten free breakfast options: grain, fruit, and milk. All breads and grains are whole grain rich.
- o If paying with a check, please write in **black or blue ink only**.
- o Daily **ALTERNATE MEAL** options: Daily Cereal served with Graham Crackers or Daily Yogurt served with a NutriGrain Bar and Graham Crackers.
  - o All Alternate Meals are served with daily fruit and choice of milk.
- o **Menu subject to change due to product availability**

**TO CANCEL MEALS CALL: 973-542-0823 by 8:00 AM**  
**SEE BACK FOR MENU PRICING**