

## The Phoenix Center Breakfast Menu



## January 2025

STUDENT NAME	ROOM #
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Milk Choice: In the menu below, please CIRCLE the milk choice for each day using the following key **OR** ONE milk choice for January.

1% - White Milk

L - Lactaid

S - Strawberry

C- Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Cabaal	Whole Grain Bagel	Daily Cereal
		School	Cream Cheese	Graham Cracker
			Graham Cracker	Daily Fruit
		Closed	Daily Fruit	Milk Choice
			Milk Choice	
			Alt	Alt
		<del>_</del> .	1% L S C	1% L S C
6	7	8	9	10
Daily Cereal	Strawberry Yogurt	Daily Cereal	Whole Grain Bagel	Daily Cereal
Graham Cracker	NutriGrain Bar	Graham Cracker	Cream Cheese	Graham Cracker
Daily Fruit	Graham Cracker	Daily Fruit	Graham Cracker	Daily Fruit
Milk Choice	Daily Fruit	Milk Choice	Daily Fruit	Milk Choice
	Milk Choice		Milk Choice	
Alt1% L S C	Alt	Alt 1% L S C	Alt	Alt
1% L S C	1% L S C		1% L S C	
13	14	15	16	17
Daily Cereal	Strawberry Yogurt	Daily Cereal	Whole Grain Bagel	Daily Cereal
Graham Cracker	NutriGrain Bar	Graham Cracker	Cream Cheese	Graham Cracker
Daily Fruit	Graham Cracker	Daily Fruit	Graham Cracker	Daily Fruit
Milk Choice	Daily Fruit	Milk Choice	Daily Fruit	Milk Choice
	Milk Choice	Alt 1% L S C	Milk Choice	
Alt 1% L S C	Alt	1% L S C	Alt	Alt1% L S C
	1% L S C	••	1% L S C	
20	21	22	23	24
School	Strawberry Yogurt	Daily Cereal	Whole Grain Bagel	Daily Cereal
School	NutriGrain Bar	Graham Cracker	Cream Cheese	Graham Cracker
<b>Closed</b>	Graham Cracker	Daily Fruit	Graham Cracker	Daily Fruit
Closed	Daily Fruit	Milk Choice	Daily Fruit	Milk Choice
	Milk Choice	. 1.	Milk Choice	4.1.
	Alt 1% L S C	Alt 1% L S C	Alt	Alt 1% L S C
77		1% L S C	1% L S C	
27 Doily Cornel	Strovyhoury Vocyert			Doily Caracl
Daily Cereal	Strawberry Yogurt	Daily Cereal	Whole Grain Bagel	Daily Cereal
Graham Cracker	NutriGrain Bar	Graham Cracker	Cream Cheese	Graham Cracker
Daily Fruit	Graham Cracker	Daily Fruit	Graham Cracker	Daily Fruit
Milk Choice	Daily Fruit	Milk Choice	Daily Fruit	Milk Choice
A 1+	Milk Choice	A 16	Milk Choice	A 1+
Alt 1% L S C	Alt 1% L S C	Alt	Alt	Alt
1% L S C	1% L S C	1% L S C	1% L S C	1% L S C

## **School Breakfast Information:**

- o Student breakfast and gluten free breakfast options: grain, fruit, and milk. All breads and grains are whole grain rich.
- o If paying with a check, please write in **black or blue ink only**.
- Daily ALTERNATE MEAL options: Daily Cereal served with Graham Crackers or Daily Yogurt served with a NutriGrain Bar and Graham Crackers.
  - o All Alternate Meals are served with daily fruit and choice of milk.
- o Menu subject to change due to product availability

TO CANCEL MEALS CALL: 973-542-0823 by 8:00 AM

SEE BACK FOR MENU PRICING