

## The Phoenix Center Lunch Menu

## January 2025



STUDENT NAME

ROOM#

Milk Choice: In the menu below, please CIRCLE the milk choice for each day using the following key **OR** ONE milk choice for January.

January.	1% - White Milk			
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		School Closed	Grilled Cheese on Whole Wheat Bread Mashed Potatoes 100% Apple Juice Fresh Banana	Whole Wheat Pizza Cauliflower Fruit Cup 100% Orange Juice
			Alt	Alt 1% L S C
6	7	8	9	10
W.G Chicken Nuggets WW Mountain Roll Sliced Carrots Apple Sauce Cup 100% Grape Juice PC Ketchup	Cheese Ravioli w/ Marinara WW Mountain Roll Spinach 100% Fruit Punch Fresh Orange	Cheeseburger WW Hamburger Bun Maple Baked Beans Granny Smith Green Apple 100% Apple Juice PC Ketchup	French Toast Slice Turkey Sausage Links Baked Home Fries 100% Fruit Punch Fresh Banana Maple Syrup PC	Whole Wheat Pizza Green Beans Fruit Cup 100% Orange Juice
Alt	Alt	Alt	Alt	Alt
1% L S C	Alt	1% L S C	1% L S C	Alt1% L S C
13	14	15	16	17
Mozzarella Sticks Marinara Sauce Whole Baby Carrots Apple Sauce Cup 100% Fruit Punch	Homemade Ziti w/ Meat Sauce Whole Wheat Bread Broccoli 100% Grape Juice Fresh Orange	WG Mini Corn Dog Nuggets Corn/Red Bean Mix Granny Smith Green Apple 100% Fruit Punch PC Ketchup PC Mustard	Baked Chicken Tenders Whole Wheat Bread Corn 100% Apple Juice Fresh Banana PC BBQ Sauce	Whole Wheat Pizza Cauliflower Fruit Cup 100% Orange Juice
Alt	Alt	Alt	Alt	Alt
1% L S C	1% L S C	1% L S C	1% L S C	1% L S C
20	21	22	23	24
School Closed	Macaroni and Cheese WW Mountain Roll Broccoli 100% Fruit Punch Fresh Pear	Cheese Quesidilla Maple Baked Beans Fresh Orange 100% Grape Juice Salsa PC	Popcorn chicken W.G Waffle Baked Home Fries 100% Apple Juice Fresh Banana Maple Syrup PC	Whole Wheat Pizza Green /Wax Bean Blend Fruit Cup 100% Orange Juice
	Alt	Alt	Alt	Alt
	1% L S C	1% L S C	1% L S C	1% L S C
27	28	29	30	31
Crispy Chicken Breast Whole Wheat Bun Sliced Carrots Apple Sauce Cup 100% Fruit Punch PC Ketchup	Sweet and Sour Meatballs Whole Wheat Hot Dog Bun Spinach 100% Grape Juice Fresh Orange	Beef and Cheese Burrito Corn/Black Bean Mix Fresh Pear 100% Orange Juice Salsa PC	W.G Pancakes Turkey Sausage Links Baked Home Fries 100% Apple Juice Fresh Banana Maple Syrup PC	Whole Wheat Pizza Cauliflower Fruit Cup 100% Grape Juice
Alt	Alt	Alt	Alt	Alt
1% L S C	1% L S C	1% L S C	1% L S C	1% L S C

## **School Lunch Information:**

- o Student lunch and gluten free lunch options: grain, fruit, and milk. All breads and grains are whole grain rich.
- o If paying with a check, please write in **black or blue ink only**.
- O Daily ALTERNATE MEAL options: Penne Pasta with Meatballs or Grilled Chicken with a side of daily vegetables and whole wheat bread.
- O Menu subject to change due to product availability TO CANCEL MEALS CALL: 973-542-0823 by 8:00 AM SEE BACK FOR MENU PRICING