

The Phoenix Center Lunch Menu

March 2025



STUDENT NAME

1% - White Milk

ROOM#

C- Chocolate

Milk Choice: In the menu below, please CIRCLE the milk choice for each day using the following key <u>OR</u> ONE milk choice for March.

S - Strawberry

L - Lactaid

| | 176 - WIIILE WIIIK I | - Lactaid S - Strawn | erry C-Chocolate | |
|--|---|---|--|---|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 3 | 4 | 5 | 6 | 7 |
| W.G Chicken Nuggets Wrapped WW Bread Honey Glazed Carrots Fruit Cup 100% Grape Juice PC Ketchup | Sweet and Sour Meatballs Whole Wheat Hot Dog Bun Broccoli 100% Grape Juice Fresh Orange | All Beef Hot Dog Whole Wheat Hot Dog Bun Corn/Black Bean Mix Fresh Apple 100% Fruit Punch PC Ketchup PC Mustard | Mozzarella Sticks Marinara Sauce Mashed Potatoes 100% Apple Juice Fresh Banana | Whole Wheat Pizza Green Beans Apple Sauce Cup 100% Orange Juice |
| Alt 1% L S C | Alt1% L S C | Alt | Alt 1% L S C | Alt1% L S C |
| 10 | 11 | 12 | 13 | 14 |
| Baked Chicken Sticks WW Mountain Roll Sliced Carrots Fruit Cup 100% Fruit Punch PC BBQ Sauce Alt 1% L S C | Spaghetti w/ Marinara Beef Meatballs w/ Marinara Whole Wheat Bread Spinach 100% Grape Juice Fresh Orange Alt 1% L S C | All Beef Hamburger WW Hamburger Bun Maple Baked Beans Fresh Apple 100% Apple Juice PC Ketchup Alt | Grilled Cheese on WW Bread Corn 100% Orange Juice Fresh Banana Alt 1% L S C | School Closed |
| 17 | 18 | 19 | 20 | 21 |
| Popcorn chicken W.G Waffle Whole Baby Carrots Fruit Cup 100% Grape Juice Maple Syrup PC | Macaroni and Cheese WW Mountain Roll Spinach 100% Orange Juice Granny Smith Green Apple | Cheese Quesadilla Corn/Red Bean Mix Graham Crackers Fresh Orange 100% Fruit Punch Salsa PC | French Toast Slice Turkey Sausage Links Baked Home Fries 100% Apple Juice Fresh Banana Maple Syrup PC | Whole Wheat Pizza Cauliflower Apple Sauce Cup 100% Orange Juice |
| Alt1% L S C | Alt | Alt | Alt | Alt |
| 24 | 25 | 26 | 27 | 28 |
| Baked Chicken Tenders WW Mountain Roll Sliced Carrots Fruit Cup 100% Fruit Punch PC BBQ Sauce | Beef Meatballs w/ Marinara Whole Wheat Hot Dog Bun Broccoli 100% Orange Juice Fresh Orange | Lean Beef Nachos w/ Cheese Lean Beef Taco Meat Shredded Cheddar Bag Baked Tostitos Scoops Maple Baked Beans Fresh Pear 100% Apple Juice | Crispy Chicken Breast Whole Wheat Bun Baked French Fries 100% Apple Juice Fresh Banana PC Ketchup | Whole Wheat Pizza Green Bean/Wax Bean Blend Apple Sauce Cup 100% Orange Juice |
| Alt | Alt | Alt | Alt | Alt |
| 1% L S C | 1% L S C | 1% L S C | 1% L S C | 1% L S C |
| Popcorn chicken Whole Wheat Bread Honey Glazed Carrots Fruit Cup 100% Grape Juice PC Ketchup Alt | | | | |

1% L S C School Lunch Information:

- o Student lunch and gluten free lunch options: grain, fruit, and milk. All breads and grains are whole grain rich.
- o If paying with a check, please write in **black or blue ink only**.
- Daily ALTERNATE MEAL options: Penne Pasta with Meatballs or Grilled Chicken with a side of daily vegetables and whole wheat bread.
- Menu subject to change due to product availability <u>TO CANCEL MEALS CALL: 973-542-0823 by 8:00 AM</u> <u>SEE BACK FOR MENU PRICING</u>